

LEG VEIN INSTRUCTION SHEET

Pre-Treatment Instructions:

- Your skin should be completely clean and dry prior to treatment. Remove or omit the use of any skin care products the day of treatment
- **AVOID THE SUN** – The area should not be exposed to the sun 4 – 6 weeks prior to treatment. Treatment of tan skin may result in blistering or hypopigmentation which can last 3 – 6 months
- Avoid using tanning creams, spray tans or any type of temporary pigment creams prior to your treatment
- Darker skin types should not be treated due to increased risk of hypopigmentation (white spots) or hyperpigmentation (dark spots)
- Clients with history of the following conditions may not be good candidates and may be asked to consult their primary care physician prior to treatment
 - Diabetic patients
 - History of poor circulation
 - History of poor healing
 - Taking a blood thinner
 - On high doses of iron

Post-Treatment Instructions

- Cool compress, ice pack may be applied
- Avoid Sun exposure – wear SPF 30 plus Broad spectrum
- Avoid strenuous exercise for 48 hours after treatment
- Wait 6 – 8 weeks before your next treatment as vessels continue to resolve over that period of time
- Areas treated may appear red and raised like a scratch which clears in a few hours or darker in color or bruised which may take a few weeks to fade .